



# Proyecto HÉROES NEWSLETTER

October 14, 2016

## Co-Directors

Jessica Adams (CALM)  
Maryam Kia-Keating (UCSB)

## Advisory Board & Leadership Council

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Selena Rockwell  
Anthony Rodriguez  
Saul Serrano  
Jarrod Schwartz  
Ed Stonefelt  
Luis Guillermo Uribe  
Frann Wageneck  
Alana Walczak

## Organizations

Community Action Commission  
Council on Alcoholism and Drug Abuse  
Child Listening Mediation (CALM)  
Domestic Violence Solutions  
Isla Vista Youth Projects  
Just Communities  
La Casa De La Raza  
SBC Promotores Network  
Our Lady of Guadalupe Parish  
SB City Council  
SB Police Department  
SB Response Network  
SB Unified School District  
South Coast Task Force on Youth Safety  
University of California, Santa Barbara  
Youth and Family Services YMCA

Highlighting Proyecto HÉROES news and activities.

## Proyecto HEROES Awarded NICHD & UCSB grants

It is with excitement and gratitude that we announce our upcoming Proyecto HEROES initiatives, funded by the NICHD and a UCSB faculty award to Dr. Maryam Kia-Keating.

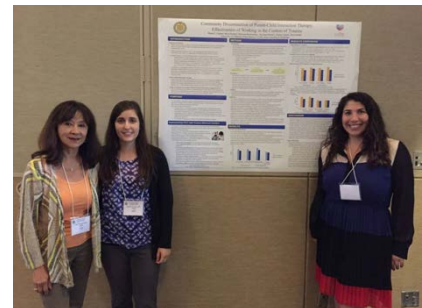


Our upcoming National Institute of Child Health and Human Development (NICHD) grant will help us to disseminate and test a prevention program for local Latino/a youth and families. This award will also allow us to continue gathering more comprehensive data from our local families to better understand their experiences and needs. We are deeply

appreciative of our community partners' efforts and support. We look forward to continued partnership activities to support the health and well-being of Latino/a youth and families in our community.

## From Local Collaborations to National Dissemination

CALM and UCSB presented at the national Parent Child Interaction Therapy (PCIT) for Traumatized Children conference on "Community Dissemination of Parent-Child Interaction Therapy:



Effectiveness of Working in the Context of Trauma" was well received by over 400 conference attendees who learned about how CALM's PCIT intervention has been effective in reducing behavior problems and parenting stress with parent-child dyads (ages: 2-7 years old) with and without histories of trauma.

Dr. Maryam Kia-Keating and Diana Capous presented at the American Psychological Association's (APA) Division 45 Conference at Stanford University. Their 90-minute workshop titled "Community-Based Participatory Research (CBPR) with

## Upcoming Events

**Oct. 15:** Latino Fatherhood Forum at McKinley High School, 8:30-2 p.m. Keynote speaker is Dr. Ricardo Araiza, speaking about "Empowering Parents for Student Success" from 9-9:45.

**Oct. 18:** Father Gregory Boyle of Homeboy Industries will speak at UCSB, Campbell Hall on "The Power of Boundless Compassion." Free.

**Oct. 20:** Domestic Violence Solutions is hosting a candlelight vigil for victims of domestic violence starting at 6pm at De la Guerra Plaza

**Oct. 24:** Community Action Commission is celebrating Food Day from 11 to 1pm, a free event with free food, raffles, and celebrating healthy diets. Event is hosted at 315 Camino del Remedio, Santa Barbara.

**Oct. 29:** La Casa de la Raza is celebrating Dia de los Muertos from 1 to 9pm with free art workshops, vendors, music, altars and food!

**Nov. 18:** South Coast Task Force on Youth Safety is hosting a Service Provider Summit from 8:30am to 2:30pm at the Carrillo Recreation Center

**Dec. 2:** Proyecto HEROES Advisory Board Meeting, 9-10:30 a.m. at CALM.



Ethnic Minorities: Challenges and Recommendations" was tailored to teaching others about CBPR principles, cultural considerations, ethical dilemmas that may arise with CBPR, and the common challenges and solutions. The workshop was both well attended and well received by researchers and practitioners dedicated to addressing health disparities

and working with vulnerable communities.

## Welcoming New Leadership

We extend a warm welcome these leaders in our community! We appreciate their participation and support of Proyecto HEROES:



- Valerie Kissell, ED of Youth and Family Services YMCA
- Dr. Jeff Milem, Dean of Gevirtz Graduate School of Education (GGSE) at UCSB
- Alana Walczak, CEO of CALM



(Left: Our HEROES Research Assistants (RAs) team; Right: Salud Carbajal stopped by our Proyecto HEROES table at Open Streets)

## Follow us online

Instagram: [@projectheroessb](#)

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Webpage: [heroessb.wordpress.com](#)

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## SAVE THE DATE:

**Proyecto HEROES Advisory Board Meeting**  
**Friday 12/2/16, 9-10:30 a.m. at CALM**