



Proyecto HÉROES NEWSLETTER

March, 2017

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Organizations

Community Action Commission
Council on Alcoholism and Drug Abuse
Child Listening Mediation (CALM)
Domestic Violence Solutions
Isla Vista Youth Projects
Just Communities
La Casa De La Raza
SBC Promotores Network
Our Lady of Guadalupe Parish
SB City Council
SB Police Department
SB Response Network
SB Unified School District
South Coast Task Force on Youth Safety
University of California, Santa Barbara
Youth and Family Services YMCA

Highlighting Proyecto HÉROES news and activities

Uniting & Co-powering our Community at the South Coast Service Provider Summit

The 2016 South Coast Service Provider Summit, hosted by the South Coast Task Force on Youth Safety, was an opportunity to connect and collaborate with community service providers in Santa Barbara. Representatives from school departments, police and juvenile justice departments, and various community agencies



spent the day sharing perspectives and knowledge, while learning how to better serve youth in our community. Coming together with old and new partners in this way shed light on areas for growth, as well as the power of unity, in our service.

Proyecto HEROES Explores Restorative Approaches



In our last advisory board meeting, Laura Wooster of Santa Barbara Unified School District, inspired our board to consider the role of restorative approaches in our various programs. Laura trains

teachers throughout the county on how to create community in the classroom. We look forward to integrating her insightful strategies on promoting positive behavior, emotion regulation, as well as effective parent-child communication with the children and families in our community.

Madres a Madres: From national to local, training our community

Our team is excited to collaborate with Madres a Madres, a national, parent educational program aiming to improve the psychological well-being of Latino/a families. Drs. Lyndee Knox

Upcoming Events

March 1: SBC Promotores Network Committee Monthly Meeting from 11a.m.-1p.m.

SAVE THE DATE:

**Proyecto HEROES
Advisory Board Meeting
Fri. 3/17/17, 9-10:30 a.m.
Location: IV Teen Center**

March 4: Youth and Family Services is sponsoring a FREE screening of a film "Milton's Secret" at the Camino Real Marketplace theater at 10:20 a.m. The film is based on a children's book by Eckhart Tolle, delves into issues like bullying, conscious parenting, and mindfulness, and the screening is followed by a live, in-person conversation with the director Barnet Bain.

March 4: CALM is hosting a fundraiser: Celebrity Authors at the Fess Parker's Doubletree Resort and Hotel at 10a.m. For more information and tickets see: <http://calm4kids.org/events/celebrity-authors-luncheon/>

March 4: Youth and Family Services YMCA is hosting a Summer Camp Sign Up Day Carnival from 10a.m.-1p.m.

April 12: South Coast Task Force on Youth Safety Quarterly Council Meeting from 3-5p.m. at Fulkner Gallery Santa Barbara Library

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#HEROESSB

and Cristina Jose-Kampfner provided our team with information, best practices, and future directions to prepare us for our upcoming program, which will be an offspring of the original Madres a Madres. We are greatly appreciative of their guidance and support!



HEROES Training

Local promotoras and mentors attended our first training for the Proyecto HEROES prevention program. Our team led the group through psycho-educational lectures, role-plays, and team-bonding activities to facilitate knowledge and to build relationships.

Recruiting Families

SURVEY: Parents and their children, ages 8 to 16, are invited to participate in an individual 1- hour interview! They will receive \$30 for their time.

PARENT-YOUTH PROGRAM: We are also recruiting families with youth ages 8-12 for the prevention program. The HEROES prevention program will include 4-sessions with a promotora and youth mentor working directly with the family on parenting, mindfulness, and restorative communication. Families will get paid up to \$120 for their time in completing pre-, post-, and follow-up surveys so that we can evaluate the program's potential benefits. *If you can help identify potential families for either of these research studies, please let us know by contacting Dr. Maryam Kia-Keating at (maryamkk@ucsb.edu) or Diana Capous at (dianacapous@gmail.com).*



Society for Community Research & Action Award

Diana (Capous) Santacrose was awarded a competitive national dissertation grant from the Society for Community Research and Action (SCRA). This grant will help support her dissertation examining "An Intergenerational Model of Protective Factors among Latino/a Adolescents Exposed to Stress and Trauma" as part of the Proyecto HEROES survey. Congratulations, Diana!