



Proyecto HÉROES NEWSLETTER

June 7, 2016

Highlighting Proyecto HÉROES news and activities.

Co-Directors

Jessica Adams (CALM)
Maryam Kia-Keating (UCSB)

Advisory Board & Leadership Council

Mark Alvarado
Diana Capous
Cynthia Cruz
Erika Felix
Fran Forman
Michael Furlong
Cecilia Herrera
Ismael Huerta
Lynn Karlson
Marcus Lopez
Raquel Lopez
Marsha Marcoe
Andrea Medina-Ramirez
LuAnn Miller
Jose Moctezuma
Cathy Murillo
Mariana Paredes
Gilbert Reyes
Leonor Reyes
Josefa Rios
Selena Rockwell
Anthony Rodriguez
Cecilia Rodriguez
Saul Serrano
Jarrod Schwartz
Ed Stonefelt
Ismael Ulloa
Luis Guillermo Uribe
Frann Wageneck

Organizations

Community Action Commission
Council on Alcoholism and Drug Abuse
Child Listening & Mediation (CALM)
Domestic Violence Solutions
Isla Vista Youth Projects
Just Communities
La Casa De La Raza
SBC Promotores Network
Our Lady of Guadalupe Parish
SB City Council
SB Police Department
SB Response Network
SB Unified School District
South Coast Task Force on Youth Safety
University of California, Santa Barbara
Youth and Family Services YMCA

Proyecto HEROES Attended the Restorative Community Network Symposium

We were pleased to attend the Restorative Community Network Symposium on April 21st, 2016 at the First United Methodist, alongside several of our esteemed Advisory Board members. There were dynamic speakers and engaging break-out



sessions that helped us continue to vision on how to best create restorative communities. Thank you to community partners for hosting this inspiring event filled with critical dialogue. Our community has shown a commitment to

using restorative practices across settings to help address and reduce violence and conflict and ultimately, improve the lives of our youth.

Mariana Paredes Helps Train The Next Generation



Mariana Paredes was a guest lecturer for Maryam at the first



Upcoming Events

June 2, 2016: CAC's Community Action Champions Dinner at Hotel Corque (Solvang), 6-9pm.

June 4, 2016: La Casa de La Raza is hosting an Old School Dance on at 8pm as a fundraiser for the youth summer programs. Event costs \$10 to join in the fun!

June 18, 2016: SBC Promotores Network is hosting a Fundraiser Yard Sale from 8am-1pm at El Centro Comunitario de Westside in Santa Barbara.

July 19, 2016: South Coast Service Provider Network Meeting will be hosted at CALM from 9-11 a.m.

August 28, 2016: CADA is hosting a fundraising trip to Norway called the Next Destination Climb Norway. Fundraising efforts will support the Daniel Bryant Youth and Family Center

(If you have an event you would like us to announce in the next newsletter, please send us an email at projectheroessb@gmail.com)

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undergraduate course on community-based participatory research (CBPR) taught in the Clinical, Counseling and School Psychology Dept. at UCSB. During the class, Mariana shared her experiences of being an Advisory Board member, discussed her experiences working as a mental health professional in the community and engaged in critical dialogues with undergraduate students about ethical practices! Everyone gained so much from Mariana sharing her expertise, her passion, her professional path as a Latina Marriage and Family Therapist, and her perspectives on community strengths and challenges. We send great appreciation to Mariana for her incredible contributions to training the next generation of CBPR researchers!

Proyecto HEROES Does Outreach at the Mental Health Fair

Proyecto HEROES and CALM representatives attended the annual Mental Health Fair at Cottage Hospital on May 7th, 2016 to raise awareness about mental health and to provide information about resources in the community. Mental health professionals



participated in our Instagram campaign to promote community strengths and raise awareness about violence prevention. To see more photos from the fun day, go to [@projectheroessb](https://www.instagram.com/projectheroessb) and [#heroessb!](https://www.instagram.com/heroessb)



Diana Capous Received the Competitive University of California President's Fellowship

Diana Capous received the University of California President's Dissertation Year Fellowship, for the academic year 2016-2017, to support her dissertation research, which is integrated within Proyecto HEROES' efforts to obtain and disseminate better data about the lives of Latino youth and families in Santa Barbara County, particularly as they relate to stressors including discrimination and exposure to violence. Her study will be looking at the roles of family support and cultural values, and the role these factors play in helping to protect youth from risk and adversity. We are so proud of Diana for her achievements, and honored to have the support of the University in pursuing these important research efforts!