



Proyecto HÉROES NEWSLETTER

February 1, 2016

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Jessica Adams (CALM)
Maryam Kia-Keating (UCSB)

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Organizations

Community Action Commission
Council on Alcoholism and Drug Abuse
Child Listening & Mediation (CALM)
Domestic Violence Solutions
Isla Vista Youth Projects
Just Communities
La Casa De La Raza
SBC Promotores Network
Our Lady of Guadalupe Parish
SB City Council
SB Police Department
SB Response Network
SB Unified School District
South Coast Task Force on Youth Safety
University of California, Santa Barbara
Youth and Family Services YMCA

Highlighting Proyecto HÉROES news and activities.

Safe Live & Healthy Futures Forum



Alma Hernandez Wilson, Nancy Guerra, Maryam Kia-Keating, Maria Otero, Samuel Duarte, Jessica Adams

Proyecto HEROES partners came together for another wonderful community forum on October 8, 2015. The bilingual forum was titled

“Safe Lives & Healthy Futures for Latino Youth and Families” and was focused on violence reduction, creating safety for families, and parent and youth perspectives. We were honored to have outstanding presenters including two youth speakers, Marisol Murillo from CALM,



First District Supervisor Salud Carbajal, Alma Hernandez Wilson and Samuel Duarte from Thrive Guadalupe, Promotoras de Salud Maria Otero, Dr. Maryam Kia-Keating and Dr. Nancy Guerra. Conversations between community members, service providers and the presenters were inspiring for future directions of our collective and collaborative efforts. We are currently working on editing the video from the speakers at this event for greater dissemination. A *special thank you to our community partners who made this event possible!*

Upcoming Events

February 11, 2016, 11:30-1:30: CADA's Annual Gratitude Luncheon with keynote speaker, Jamie DeVries. For more information: [Annual Gratitude Luncheon](#)

March 2, 2016, 6-7:30
Crossing Arizona, Film screening and Q & A with filmmakers at Multicultural Center Theater, UCSB

March 4, 2016, 9-10:30:
Proyecto HEROES advisory board meeting @ CALM.

April 2, 2016: CALM's Celebrity Author's Luncheon Fundraiser. For more information: [CALM Luncheon](#)

April 26, 2016: City of SB Parks & Recreation, Police Officers/ Firefighters Associations' EGGstravaganza at Chase Palm Park Meadow- free egg hunt for toddlers to 8 years old. For more information: [EGGstravaganza](#)

April 30, 2016: CADA's Rock the Bacara Amethyst Ball Fundraiser. For more information: [CADA's Rock the Bacara](#)

(If you have an event you would like us to announce in the next newsletter, please send us an email at projectheroessb@gmail.com)



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Proyecto HEROES Presents to a National and International Audience



Maryam Kia-Keating, Diana Capous, Jessica Adams

Maryam, Jessica, and Diana attended and presented at the annual International Society for Traumatic Stress Studies (ISTSS) in New Orleans in November of 2015. They presented a workshop titled *“Using Community Based Participatory Research Methodologies to Bridge Trauma-informed Research Policy and Clinical Practice with Latino Youth”* and shared many insights from the Proyecto HEROES with a national and international audience. Diana also received the 2015 Outstanding Student Advocacy and Service Award for her contributions to Proyecto HEROES and work with Latino/a families in Santa Barbara. We were pleased to see and support our partners, Dr. Gil Reyes and Dr. Erika Felix, who also attended and presented at the conference!

We Applied for Another Grant with the National Institute of Child Health and Human Development (NICHD)

Informed by the advisory board efforts, community forums, focus groups, and photovoice project, we submitted a grant to allow us to offer Latino/a youth (ages 8-12) a low cost, culturally attentive, parent-youth engagement program facilitated by promotoras and youth mentors. We will be working in close collaboration with Las Promotoras de Salud and UCSB Latino/a undergraduates. Using a trauma-informed, restorative approach, we hope to prevent youth violence and reduce the prevalence of subsequent problems associated with exposure to adversities that pose a significant burden on the health and well-being of our Latino/a youth. Our grant will also allow us to properly develop, implement, and test the program to ensure that it is working to promote youth mental health and well-being! We look forward to working with you on this project in our next phase!